

PROTECT CHILDREN FROM LEAD IN DUST



Tenants for Healthy Housing – Environmental Health Watch & Cleveland Tenants Organization

LEAD IN DUST CAN POISON YOUNG CHILDREN.

- Lead dust can be tracked into the house on shoes.
- Lead dust can be blown into the house through open windows and doors.
- Lead dust gets on children's hands and toys when they play on the floor.
- Lead gets in their bodies when children put their fingers and toys in their mouths.

KEEP WINDOW SILLS AND WELLS CLEAN.

- Wash window sills and wells each week.
- Use soapy water. Use old rags or paper towels. Throw them away after cleaning.
- For easy cleaning, cover rough surfaces with contact paper.
- Open windows from the top, if possible.

KEEP FLOORS CLEAN.

- Vacuum carpets weekly.
- Wash floors weekly.

STOP DIRT AT THE DOOR.

- Place a rug at each entry door and wash the rugs often.
- Remove shoes at the entry door to keep lead dust out.

KEEP CHILDREN FROM EATING DIRT AND DUST THAT MAY CONTAIN LEAD.

- Wash hands, toys, bottles and pacifiers often.

GOOD NUTRITION HELPS PROTECT CHILDREN FROM LEAD.

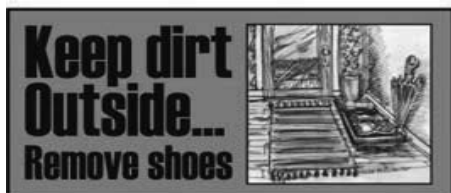
- Serve 4 - 6 small meals to children each day.
- Include foods high in iron – lean meat and cereal.
- Include foods high in calcium – milk, yogurt, cheese, green leafy vegetables.
- Include foods high in vitamin C – oranges, tomatoes, orange juice.

TEST YOUNG CHILDREN FOR LEAD POISONING.

- Test children's blood-lead levels at ages 1, 2, 3, and 4.

COVER LOOSE PAINT OR BLOCK ACCESS.

- Cover loose paint with contact paper or duct tape.
- Put furniture in front of loose paint on walls to keep children away.
- Learn about safe ways to repaint.
- If renting, talk to your property owner about repairs or contact:
Cleveland Tenants Organization at (216) 432-0617.



(216) 961-4646
www.ehw.org
e-h-w@ehw.org



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(216) 432-0617
www.clevelandtenants.org
mail@clevelandtenants.org